

Life and Health Insurance

10-DAY STUDY CALENDAR



Follow this simple schedule designed to help you manage your study time. To prepare for the Life and Health state exam, plan on studying for at least **40 hours**: about **30 hours** reviewing the course material, and **10 hours** taking quizzes and practice exams. (Recommended study times are approximate. Actual length of study may vary.) **Check your state's Certificate Requirements!**

STUDY MATERIALS & STUDY STEPS

STUDY

Read: Online Chapters

Watch (*if available): Video Gallery

REVIEW

Chapter Recaps: Review important concepts for each chapter

Key Facts: Review key points for each chapter at the end of the course

Focused Review: Go over Practice Exam results and review course material as needed

TEST YOUR KNOWLEDGE

Online Flash Cards (*if available): Check your knowledge of key concepts

Chapter Quiz: Take a quiz at the end of each chapter and review missed questions (pass 2-3 quizzes per chapter)

Practice Exam in Learning Mode: Test and reinforce your knowledge with a comprehensive exam (pass 2-3 exams)

Practice Exam in Exam Mode: Take a realistic exam simulation (pass 2-3 exams with 80% or higher)

Focused Exam: Retest your knowledge of missed topics from a Practice Exam

Readiness Exam: Determine if you are ready to pass the state licensing exam (unlocks after passing a Practice Exam; 2 attempts only)

RECEIVE CERTIFICATE

Certificate Exam: Pass to qualify for a Certificate of Completion (exam proctor may be required)

DAY 1

STUDY FOCUS:

COMPLETING THE APPLICATION, AND TYPES OF LIFE POLICIES

Read

- Introduction
- Completing the Application
- Types of Life Policies

Watch

- Chapter Videos*

Review

- Chapter Recaps
- Key Facts

Test Your Knowledge

- Online Flash Cards*
- Chapter Quizzes

DAY 2

STUDY FOCUS:

LIFE POLICY PROVISIONS, AND RETIREMENT AND OTHER INSURANCE CONCEPTS

Read

- Life Policy Provisions, Riders, and Options
- Retirement and Other Insurance Concepts

Watch

- Chapter Videos*

Review

- Chapter Recaps
- Key Facts

Test Your Knowledge

- Online Flash Cards*
- Chapter Quizzes

DAY 3

STUDY FOCUS:

FIELD UNDERWRITING PROCEDURES, AND TYPES OF HEALTH POLICIES

Read

- Field Underwriting Procedures
- Types of Health Policies

Watch

- Chapter Videos*

Review

- Chapter Recaps
- Key Facts

Test Your Knowledge

- Online Flash Cards*
- Chapter Quizzes

DAY 4

STUDY FOCUS:

HEALTH INSURANCE POLICY PROVISIONS

Read

- Policy Provisions, Clauses, and Riders

Watch

- Chapter Videos*

Review

- Chapter Recaps
- Key Facts

Test Your Knowledge

- Online Flash Cards*
- Chapter Quizzes

DAY 5

STUDY FOCUS:

SOCIAL INSURANCE, AND OTHER HEALTH INSURANCE CONCEPTS

Read

- Social Insurance
- Other Insurance Concepts

Watch

- Chapter Videos*

Review

- Chapter Recaps
- Key Facts

Test Your Knowledge

- Online Flash Cards*
- Chapter Quizzes

DAY 6

STUDY FOCUS:

STATE LAWS, RULES, AND REGULATIONS

Read

- State Laws, Rules, and Regulations Common to All Lines

Watch

- Chapter Videos*

Review

- Chapter Recaps
- Key Facts

Test Your Knowledge

- Online Flash Cards*
- Chapter Quizzes

DAY 7

STUDY FOCUS:

STATE LAWS, RULES, AND REGULATIONS

Read

- State Laws, Rules, and Regulations Pertinent to Life Insurance
- State Laws, Rules, and Regulations Pertinent to Health Insurance

Watch

- Chapter Videos*

Review

- Chapter Recaps (all chapters)
- Key Facts

Test Your Knowledge

- Online Flash Cards*
- Chapter Quizzes

DAY 8

STUDY FOCUS:

TEST YOUR KNOWLEDGE

Practice Exam

- Review score sheet and missed questions (pass 2-3 times)
- Review Chapters as needed

Focused Exam

- Review score sheet and missed questions
- Review Chapters as needed

DAY 9

STUDY FOCUS:

TEST YOUR KNOWLEDGE

Practice Exam

- Review score sheet and missed questions (pass 2-3 times)
- Review Chapters as needed

Focused Exam

- Review score sheet and missed questions
- Review Chapters as needed

Certificate Exam (required)

- Read the Certificate Requirements prior to taking this exam (exam proctor may be required)

DAY 10

STUDY FOCUS:

TEST YOUR KNOWLEDGE AND FINAL REVIEW

Readiness Exam (2 attempts)

- Review score sheet
- Review course materials as needed

Final Review

- Key Facts: Life & Health
- Glossary
- Continue reviewing course materials until the day of exam

EXAM DAY!



Pass Your Licensing Exam