

# Life and Health Insurance

## 10-DAY STUDY CALENDAR



Follow this simple schedule designed to help you manage your study time. To prepare for the Life and Health state exam, plan on studying for at least **40 hours**: about **30 hours** reviewing the course material, and **10 hours** taking quizzes and practice exams. (Recommended study times are approximate. Actual length of study may vary.) **Check your state's Certificate Requirements!**

### STUDY MATERIALS & STUDY STEPS

#### STUDY

**Read:** Online Chapters

**Watch** (\*if available): Video Gallery

#### REVIEW

**Chapter Recaps:** Review important concepts for each chapter

**Key Facts:** Review key points for each chapter at the end of the course

**Focused Review:** Go over Practice Exam results and review course material as needed

#### TEST YOUR KNOWLEDGE

**Online Flash Cards** (\*if available): Check your knowledge of key concepts

**Chapter Quiz:** Take a quiz at the end of each chapter and review missed questions (pass 2-3 quizzes per chapter)

**Practice Exam in Learning Mode:** Test and reinforce your knowledge with a comprehensive exam (pass 2-3 exams)

**Practice Exam in Exam Mode:** Take a realistic exam simulation (pass 2-3 exams with 80% or higher)

**Focused Exam:** Retest your knowledge of missed topics from a Practice Exam

**Readiness Exam:** Determine if you are ready to pass the state licensing exam (unlocks after passing a Practice Exam; 2 attempts only)

#### RECEIVE CERTIFICATE

**Certificate Exam:** Pass to qualify for a Certificate of Completion (exam proctor may be required)

## DAY 1

### STUDY FOCUS:

COMPLETING THE APPLICATION, AND TYPES OF LIFE POLICIES

#### Read

- Introduction
- Completing the Application
- Types of Life Policies

#### Watch

- Chapter Videos\*

#### Review

- Chapter Recaps
- Key Facts

#### Test Your Knowledge

- Online Flash Cards\*
- Chapter Quizzes

## DAY 2

### STUDY FOCUS:

LIFE POLICY PROVISIONS, AND RETIREMENT AND OTHER INSURANCE CONCEPTS

#### Read

- Life Policy Provisions, Riders, and Options
- Retirement and Other Insurance Concepts

#### Watch

- Chapter Videos\*

#### Review

- Chapter Recaps
- Key Facts

#### Test Your Knowledge

- Online Flash Cards\*
- Chapter Quizzes

## DAY 3

### STUDY FOCUS:

FIELD UNDERWRITING PROCEDURES, AND TYPES OF HEALTH POLICIES

#### Read

- Field Underwriting Procedures
- Types of Health Policies

#### Watch

- Chapter Videos\*

#### Review

- Chapter Recaps
- Key Facts

#### Test Your Knowledge

- Online Flash Cards\*
- Chapter Quizzes

## DAY 4

### STUDY FOCUS:

HEALTH INSURANCE POLICY PROVISIONS

#### Read

- Policy Provisions, Clauses, and Riders

#### Watch

- Chapter Videos\*

#### Review

- Chapter Recaps
- Key Facts

#### Test Your Knowledge

- Online Flash Cards\*
- Chapter Quizzes

## DAY 5

### STUDY FOCUS:

SOCIAL INSURANCE, AND OTHER HEALTH INSURANCE CONCEPTS

#### Read

- Social Insurance
- Other Insurance Concepts

#### Watch

- Chapter Videos\*

#### Review

- Chapter Recaps
- Key Facts

#### Test Your Knowledge

- Online Flash Cards\*
- Chapter Quizzes

## DAY 6

### STUDY FOCUS:

STATE LAWS, RULES, AND REGULATIONS

#### Read

- State Laws, Rules, and Regulations Common to All Lines

#### Watch

- Chapter Videos\*

#### Review

- Chapter Recaps
- Key Facts

#### Test Your Knowledge

- Online Flash Cards\*
- Chapter Quizzes

## DAY 7

### STUDY FOCUS: STATE LAWS, RULES, AND REGULATIONS

#### Read

- State Laws, Rules, and Regulations Pertinent to Life Insurance
- State Laws, Rules, and Regulations Pertinent to Health Insurance

#### Watch

- Chapter Videos\*

#### Review

- Chapter Recaps (all chapters)
- Key Facts

#### Test Your Knowledge

- Online Flash Cards\*
- Chapter Quizzes

## DAY 8

### STUDY FOCUS: TEST YOUR KNOWLEDGE

#### Practice Exam

- Review score sheet and missed questions (pass 2-3 times)
- Review Chapters as needed

#### Focused Exam

- Review score sheet and missed questions
- Review Chapters as needed

## DAY 9

### STUDY FOCUS: TEST YOUR KNOWLEDGE

#### Practice Exam

- Review score sheet and missed questions (pass 2-3 times)
- Review Chapters as needed

#### Focused Exam

- Review score sheet and missed questions
- Review Chapters as needed

#### Certificate Exam (required)

- Read the Certificate Requirements prior to taking this exam (exam proctor may be required)

## DAY 10

### STUDY FOCUS: TEST YOUR KNOWLEDGE AND FINAL REVIEW

#### Readiness Exam (2 attempts)

- Review score sheet
- Review course materials as needed

#### Final Review

- Key Facts: Life & Health
- Glossary
- Continue reviewing course materials until the day of exam

## EXAM DAY!

✓ Pass Your Licensing Exam